Grades 1-2 FUNdamental Program

Alodia's Grades 1-2 FUNdamental Program is our most popular program in all our league locations. We take a "best practice" approach to the way we have structured the program with more emphasis on building a foundation and learning the game versus winning or losing. We are continually amazed at how much the kids learn and progress in our program during the season.

Below are commonly asked questions and our answers. We encourage you to not only read but to *trust and embrace our process* that has brought families back for many more seasons!

Is Skills Training offered for Grades 1-2?
YES! We listened to parent feedback and are now offering this option based on the success of our Grades 3-8 skills training that has helped players develop confidence and improve their skills in shooting, dribbling, passing, etc.

This additional Skills Training for Grades 1-2 will be offered on a different night than team practice. Please look for this option under the Combo Package on the Registration Page or on the Group Skills Training page.

Do Grades 1-2 use a regular size basketball goal?
Alodia strongly believes in using 8.5-foot basketball goals to help build strong, long-lasting fundamentals of the game and increase player confidence. Lowering the basket height for younger players assists with developing proper shooting form and increases the opportunity for shooting success.

Who coaches the players?
Volunteer parent coaches run practices and are on the court for all games using Alodia's FUNdamental Program curriculum. Rules designed to learn the game in a fun setting where everyone has a chance to score.

Are the games competitive?
We play a "controlled" game where players must guard their opposing player behind the three-point line, limit fast breaks, and give everyone the opportunity to bring the ball up the court. We also allow everyone to shoot free throws at the end of each half allowing everyone more opportunities to score and put points on the scoreboard. This combination with coaches encouragement to the players provides a rich learning environment to build basketball FUNdamentals.

Will my child play every game?
We guarantee every player will play at least 20 minutes total every game.

Do you keep score?
We do keep score but do not keep standings or stats.

Why isn't double dribbling or traveling called during games?
As players learn the game, we want to have a "relaxed atmosphere" with the rules in the beginning of the season. If every travel and double dribble were called at this age, we would not have much of a game! Our priority at first is to establish a solid foundation and try to not let excessive rule violations happen. As the season progresses and allows time for players to learn, we will make more calls and point it out as a coaching/learning opportunity.

Have other questions? Please text/call: 281-255-2552 or email: info@alodiaconsulting.com